

I was a participant in the Spiritual Exercises this past year. I would like to share a little about my experience. I will do that by asking you some questions. Be open if they stir something in your heart; it may be God leading you to participate.

- Would you like to experience the Father, Jesus & the Blessed Mother in a more personal way?
- Would you like to experience the Scriptures coming alive?
- Would you like to discover how to be a participant in the Gospels?
- Would you like to have a firsthand account of the stories and events of Jesus' birth, childhood, ministry, passion & death?
- Would you like to see, touch & speak to your Saviour?
- Would you like to hear the voice of God, the voice of Jesus, or the voice of the Blessed Mother?

These questions come from my experience of doing the exercises. It was exciting and powerful and I would recommend it to anyone who wants to grow spiritually, heal, forgive and love more deeply.

Pray about it and if you feel the Spirit leading you, do it. You won't be disappointed.

—Cheryl Bernier