

10 February Activities for Catholic Families

For the feast day of the Chair of St. Peter (Feb. 22nd), pray for our current pope, past popes, and our future popes. Consider doing activities themed around Pope Francis:

www.reallifeathome.com/pope-francis-printables-worksheets/

February is dedicated to the Holy Family. Pick one day to spend together doing family activities all day, such as games, group prayer, outdoor fun, movie night, or whatever your family loves best!

St. Brigid (Feb. 1st) started the first convent in Ireland. She founded a school of art that became known for its beautiful illuminated manuscripts.

Try making your own illuminated manuscript:

www.mykidsadventures.com/illuminated-manuscript/

Read about St. Paul Miki and Companions (Feb. 6th). Have a Japanese meal or snack.

Saint Scholastica (Feb. 10th) was the twin sister of Saint Benedict. For her feast day, you can use a coloring page to learn more about the twins:

www.reallifeathome.com/saint-benedict-scholastica-coloring-page/

For the feast of St. Josephine Bakhita (Feb. 8th), pray for safety and strength for Christians living in parts of the world where it is not safe to be a Christian.

Make heart shaped snacks or baked goods, and deliver them to elderly neighbors or family members, especially ones that might not get a lot of visitors.

The feast day of Our Lady of Lourdes is Feb. 11th. Make a Marian grotto-themed craft or snack. This Rice Krispie one is a favorite of mine: www.catholicicing.com/rice-krispie-treat-grotto-for-our-lady/



Share God's Word with others by using Scripture-based valentines:

www.reallifeathome.com/religious-valentine-cards-printable/

The Presentation of the Lord, also called Candlemas, is Feb. 2nd. Have a meal and some prayer time by candlelight. Talk about ideas for how each family member can give more of themselves to God. (For young children, frame this as asking what they can do to make God happy.)