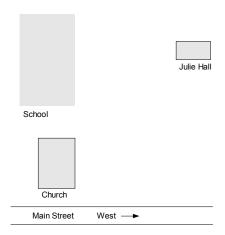
## WHY NOT GIVE IT A TRY?

No reservation is necessary – just show up between 7:30 and 8:00 am at St. Julie Hall. The church and school complex is located at 40 Main Street.



We meet on the last Saturday of most months. Exceptions are holiday weekends, when we sometimes reschedule to avoid the holiday, special Family breakfasts to celebrate liturgical seasons (Advent, for example), and the summer months.

That's a lot of exceptions. If you'd like to confirm the date beforehand, please call Dick Collopy (603-898-7020) or Tom Garnier (603-898-3536). We hope to see you there!

Men's Prayer Breakfast C/o St. Joseph Churh 40 Main Street



# Food for the Body and the Spirit

**St. Joseph Church** 40 Main Street Salem, NH 03079

## **WHO WE ARE**

We are very ordinary men, mostly Roman Catholic, and mostly from the St. Joseph Church campus at Saints Mary and Joseph Parish, but also representing the surrounding Catholic parishes and other Christian denominations. We are not particularly good, or pious, or gifted, but are brought together by a common desire to support, and be supported by, other Christian men.

We are in many different places in our journey of faith. Be assured that wherever you are, you will fit right in.



### WHY WE MEET

Men don't typically get much encouragement for their faith in their work or social environments.

The Vision of the Men's Prayer Breakfast is to: provide an opportunity for Christian men to gather for fellowship, for encouragement in our walk with Christ, to foster prayer together, and to reach out to the larger community with the message of the Gospel.

"To feel the Spirit; to socialize. When I leave, I feel uplifted and good."

"Because of the fellowship, food, evangelization; to take time for God."

"To enjoy a prayer community and to be exposed to the faith of others."

"Spiritually uplifting – great relationships – super breakfast atmosphere"

"It is an encouragement for my faith to come and share prayers and experiences."

"In order to worship the Lord with other men of faith." There aren't too many places you can go socially where the reason people gather is their faith in Jesus Christ."

"To continue to be involved in prayer and getting people to pray."

"For some food for thought. Speakers can give you another angle or way to look at your faith. To share our faith. We do not usually get a chance in day-today life to socialize with others who openly share our beliefs."

"I like the group; they are nice people. A sense of belonging to a community. To strengthen my faith, by being with other men who believe."

### WHAT WE DO

We chat, we sing, we eat, we pray, we listen, we teach, we learn ...

A typical breakfast goes like this:

Michalowski

Bill Richards

7:30-8	Arrive, meet friends, have coffee or juice
8:00	Opening remarks and song, blessing, and
	breakfast
8:40	Song, followed by a service of prayer, or
	readings, or group discussion, or shared
	thoughts, led by one of us
9:00	Speaker or other program

9:25 Announcements, closing remarks, the Lord's Prayer

We try to be done at 9:30, since Saturday is a busy day for most men.

We have quite a variety of speakers and topics. Here are some examples from recent years:

Peter Klecan	Experience of God's power
Clem Clare	My faith journey
Charlie & Joan	Our transformation into pro-
Espinola	life activists
Dn. Marc Payeur	God's presence in my life
Fr. Gerry Belanger	Role of lay men in the church
Chuck Dandreta	Men of St. Joseph, and my
	personal journey
Charlie Wheeler &	What is Bereavement Ministr
Charlie Espinola	
Jason Amiss	Spinal Muscular Atrophy
Lee Alphen	Mexican water project
Mary Roy	Ministering in Honduras
Tom Garnier	How faith should inform our
	choices
Fr. Bob Guillemette	My work at Covenant House
Al Cormier	Family life, Red Sox, Catholic
	Church, camping and Easter
Fr. John	Evangelization: "Be ready to
	5

Adults

give an account ..."

Rite of Christian Initiation for